

WORK THAT MATTERS

HELPING YOUR TEAM FIND THE SWEET SPOT



Frustrated that your team isn't making more progress on important projects?

Workplace tension keeping your team from performing at its peak?

The Scoop

We hate wasted effort and energy, but we see it all the time. Too many teams waste too much of their energy in confusion, doubt, and the constant low-grade friction that plagues most groups. We want to unleash the potential of your team by:

1. breaking down the real barriers that keep the energy and enthusiasm from flowing,
2. focusing that energy on what really matters, and then
3. getting things done.

In other words, we want to make your team awesome! If you want to see that happen in your organization then consider us your secret weapon.

The Emotus Operandi team, led by Dr. Ben Kadel, combines decades of experience helping groups succeed with the latest research to create a specialized approach to helping work teams of 5 to 30 people who are trying to do work that really matters, work that makes an impact in the world. We love knowledge workers, creative types, and social change agents and we believe the world needs your success.

The Next Step

We want to introduce you to a whole new way of getting work done that works WITH emotions rather than against or despite them. We want to help you find a way to harness the emotional power of your team as a positive source of energy to move you forward on important real-world projects.

Sound too good to be true? A little skeptical? Good. You should be. It's easy to make promises – we want to show you what we're talking about. If you're curious, we'll provide an interactive Lunch & Learn workshop on the topic of your choice for your staff, partners, and friends at no cost (the first taste is free) because it gives us a chance to show you what we're all about! If you like what you see (and we're confident you will), we would love to talk to you about how the 3-month Emotus Operandi program can be customized to help you turn crisis into opportunity and frustration into progress.

Emotus Operandi has created a simple system to help turn all the energy that's currently wasted in frustration, confusion and conflict into forward motion on your important goals. The 3-month program provides simple structures to create a fun, focused environment where you can break big scary goals into bite-sized, manageable chunks and provides the support you and your team need to learn the new skills that will keep you going, even when the going gets tough.

Lunch & Learn

Curious? Take the next step. We'll handle the content, you handle the logistics. All sessions are interactive and provide a blend of new insights and exercises to start to put those insights into practice. There are a number of topics available to fit the special needs of your organization – here is a list of the Lunch & Learn sessions available:

Finding your Sweet Spot

Every once in a while, when we're lucky, we get that great feeling, a shining moment when you know you're on the right path. This workshop will help you develop the skills that allow you to consistently find your sweet spot so you can spend more time feeling energized, motivated and focused on making progress on important goals.

Emotions at Work

Feeling stuck, frustrated or burned-out? Confused about how to get your team working together instead of against itself? Join us for a fun, interactive session to learn how The First Law of Emotional Dynamics can help you convert energy wasted in fear, doubt, confusion and conflict to make real progress on meaningful, important goals.

Action + Planning

If you want to get something done, you need a plan, right? But sometimes the plan becomes the biggest obstacle to actually getting things done? This session provides tools for balancing big picture vision with concrete, actions to make real progress towards important goals. Learn how to create an action plan to keep you motivated and performing.

Time Ninja

It's one thing to have a great idea, and quite another to make it happen. This session will provide you with tools and techniques that help you break big ideas down into manageable action items and then unleash your inner Ninja to overcome barriers and get things done.

Both/And: Authentic & Successful

Has earning a living ever felt to you like selling your soul? Do you believe that you can't create success while being fully your self? What is the driving force behind your actions, the needs of your inner being or the needs of others/society? Join us to explore whether being BOTH authentic AND successful is actually possible and what it might look like.

The Just Good Enough Business Plan

Everyone says you need a business plan - but what do you really need? This workshop will focus on the value AND the limitations of business plans. We'll help you figure out how to plan, without getting stuck in the planning.

Emotional Emergency Kit

We all have down days - potentially productive days lost to fear and depression. No one knows what you need to cheer you up more than you do - you, that is, when you are already in a good mood. This fun workshop gets everyone in the spirit, then helps you design an "emergency kit" filled with ideas from you for you.